



MASSAGE CANDLE

Create an intimate and relaxing experience with these **unique body candles** which melt at a low temperature and contain only **natural body safe ingredients** with a skin friendly percentage of therapeutic essential oils. It is this special combination that makes them **nontoxic and completely safe for use on the skin** whilst providing a moisturizing and relaxing treat for your body.

INGREDIENTS

- Cocoa Butter - 300g/10.6oz
- Coconut oil - 220g/7.8oz
- Yellow Beeswax - 110g/3.9oz
- Essential oil blend - 15.75ml
OR 630 drops

MAKES 7 x 90g CANDLES

example blend: 10ml vanilla
5.75ml sweet orange

APPARATUS

- Glass jugs, *must hold at least 100g of liquid*
- Double boiler/bain-marie
- Scales
- Cotton string for wick
- 9 Metal Wick holders
- Wick adhesive or 9 wick stickers
- 9 Bamboo skewers
- Medium Glass jug for pouring

METHOD

1. Add the **beeswax, cocoa butter and coconut oil** to a bain-marie and leave on a medium heat until fully melted (don't let the pot of water underneath boil dry).
2. Whilst it's melting prepare your candle holders.
3. Thread your cotton wick through the metal wick holder, secure in place by squeezing the hole around the wick.
4. Trim the wick underneath the metal holder so it's flush with the bottom and leave enough length of the wick to travel up the glass with extra for wrapping around the skewer (*see image below left*)
5. Place adhesive/sticker on the bottom of the metal wick holder and secure firmly to the bottom of the glass jug, placing it in the centre. Leave for at least ten minutes to secure in place.
6. Once your candle mixture is fully melted add the essential oil blend to it.
7. Give the mixture a stir with a bamboo skewer.
8. Pour some of the mix into the medium glass jug.
9. Place the candle jug onto scales.
10. Carefully pour 90g of the mixture into the glass jugs making sure not to let the wick fall in!
11. Do not worry if the wax gets onto the top of the wick this will help the first burn.
12. Wrap the extra wick around the skewer and position it to the centre of the jug (*see image below right*)
13. Leave to solidify for 24 hours then trim the wick to 1cm.





DIRECTIONS FOR USE

1. **Set the mood** by lighting the candle with a taper lighter and allow a sufficient melt pool to form (about 15 minutes).
2. Extinguish the wick before use, by *dipping (see below) and allow it to cool slightly for about 60 seconds (any longer and it will start to solidify again).
3. Test carefully with your little finger and pour into the palm of your hand or small dish.
4. **If you or your partner are feeling brave you can pour the liquid directly onto the body** (but please check the heat!)
5. Use as a massage oil or body balm.
6. Relight whenever you need to use it again.

NB the candle can burn for up to 60 minutes each time but the longer it burns the hotter the oil will get, therefore requires slightly longer than 60 seconds to cool down.

LEARN TO DIP YOUR WICK!

- The best way to extinguish your wick is by bending and dipping it into the hot wax then bending it back into place, using a thin skewer or cocktail stick.
- This prevents the wick from smoking.

USES

- Body massage oil
- Moisturizing body balm
- Can be used alone or with a willing partner!



CAN ALSO BE USED AS A LIP BALM WHEN COLD BY WIPING YOUR FINGER ALONG THE TOP OF THE CANDLE AND APPLYING TO LIPS!

