



VEGAN LIP BALM

A bee friendly lip balm that can double up as a hand, heel and elbow balm. A moisturising treatment for the delicate lip area, which also smoothes fine lines around the lips. Substituting the orange for **peppermint is useful** if you want to plump up your lips and use it **on your feet!**

INGREDIENTS

- Shea butter - 20g/0.7oz
- Cocoa butter - 50g/1.8oz
- Coconut oil - 10g/0.35oz
- Sweet orange essential oil - 1.5ml/60 drops

APPARATUS

- 8 lip balms pot (10ml capacity)
- Double boiler/bain-marie
- Scales
- Bamboo skewer
- Small Glass jug for pouring

TOP TIPS

Leaving the Shea butter to melt on a low heat for a further 30 minutes will ensure it does not go grainy when solidified.

Try organic coconut oil as it has a firmer texture than cheaper non-organic oil.

You can substitute the orange oil for mandarin peppermint or spearmint

METHOD

1. Add the shea butter to a bain-marie and put on a medium heat (don't let the pot of water underneath boil dry).
2. **After it is fully melted leave on a low heat for a further 30 minutes.**
3. Add the cocoa butter and coconut oil and leave on a medium heat until all are melted.
4. Once the mix is fully melted add the essential oil.
5. Give the mixture a quick stir with a bamboo skewer.
6. Pour the mixture into the glass jug.
7. Carefully pour the mixture from the jug into the lip balm pots and put the lids on.
8. **Carefully** place the pots in the fridge for 3-5 hours to fully solidify.
9. Place a label with the expiry date on the bottom of the pot. *Shelf life is 12 months.*
10. Add a pretty label and gift them. But keep one for yourself!

USES

- Lip balm
- Hand balm
- Elbow balm
- Heel balm

